



| NEXT STEPS | WHERE TO GO |
|---|--|
| Autism Spectrum Disorder Information | <ul style="list-style-type: none"> <input type="checkbox"/> American Academy of Pediatrics: www.healthychildren.org <input type="checkbox"/> Autism Speaks: www.autismspeaks.org <input type="checkbox"/> Center for Disease Control: www.cdc.gov <input type="checkbox"/> Interacting with Autism: www.interactingwithautism.com <input type="checkbox"/> Kaiser Permanente -Division of Research: www.autismresearch.kaiser.org <input type="checkbox"/> National Institute of Mental Health: www.nimh.nih.gov/ <input type="checkbox"/> UC Davis MIND Institute: www.ucdmc.ucdavis.edu/mindinstitute/ |
| Parent support | <ul style="list-style-type: none"> <input type="checkbox"/> Autism Parent Support Group –Kaiser Permanente in Antioch, 925-779-4964 <input type="checkbox"/> Alameda Co: Family Resource Network, www.frnoakland.org, 510-547-7322 <input type="checkbox"/> Contra Costa Co: Care Parent Network - http://www.contracostaarc.com/html/care.html , 800-281-3023 <input type="checkbox"/> San Francisco Co: Support for Families of Children with Disabilities: www.supportforfamilies.org, warm line: 415-920-5040 |
| Parent training | <ul style="list-style-type: none"> <input type="checkbox"/> Hanen Centre – Help children communicate: www.hanen.org <input type="checkbox"/> University of Washington Autism Center – informational videos http://depts.washington.edu/uwautism/resources/online-tools/ |
| For mental health concerns | <p>Kaiser Permanente Child Psychiatry Departments:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Antioch: 925-777-6300 <input type="checkbox"/> Oakland: 510-752-1075 <input type="checkbox"/> Pleasanton: 925-847-5051 <input type="checkbox"/> Redwood City: 650-299-4777 <input type="checkbox"/> Richmond: 510-307-1591 <input type="checkbox"/> San Francisco: 415-833-4765 <input type="checkbox"/> San Rafael: 415-444-3522 <input type="checkbox"/> South San Francisco: 650-742-5950 <input type="checkbox"/> Union City: 510-675-3080 <input type="checkbox"/> Walnut Creek: 925-295-4145 |
| California State services | <ul style="list-style-type: none"> <input type="checkbox"/> State of CA. Department of Developmental Services: www.DDS.ca.gov <input type="checkbox"/> CA. Regional Centers - Early Intervention Services for 0-36 months: www.DDS.ca.gov/rc/ <input type="checkbox"/> Regional Center of the East Bay- Alameda 510-618-6100, Concord (925) 691-2300 <input type="checkbox"/> Golden Gate Regional Center-415-546-9222 <input type="checkbox"/> San Andreas Regional Center-408-374-9960 |

| | |
|--|--|
| For any medical concerns | <input type="checkbox"/> Contact your child’s doctor or call the advice line, if you have any medical or health concerns. |
| For questions about Autism related therapy services | Pediatric Developmental Disabilities Office (PDDO) <input type="checkbox"/> Mainline: 510-625-5677 (Fax #: 510-625-5471) |
| For insurance benefits, co-pays, deductible amounts | Kaiser Permanente Member Services Dept <input type="checkbox"/> 1-800-464-4000 or go to: www.kp.org (must have an account) |
| Set up an account on kp.org | <input type="checkbox"/> Sign up for kp.org to receive and send messages to your child’s doctors (Only Kaiser Permanente members can sign up for kp.org account) |
| Helpful Books | <input type="checkbox"/> <i>A Parent’s Guide to Asperger Syndrome</i> , by Sally Ozonoff <input type="checkbox"/> <i>An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn</i> , by Sally Rogers and Geraldine Dawson <input type="checkbox"/> <i>Children with Autism: A Parent’s Guide</i> , by Michael Powers <input type="checkbox"/> <i>More Than Words: A Parent’s Guide to Building Interaction and Language Skills for Children with Autism Spectrum Disorder or Social Communication Difficulties</i> , by Fern Sussman <input type="checkbox"/> <i>Raising a Sensory Smart Child</i> , by Lindsey Biel and Nancy Peske <input type="checkbox"/> <i>The Everyday Parenting Toolkit: The Kazdin Method for Easy, Step-by-Step, Lasting Change for You and Your Child</i> , by Alan Kazdin and Carlo Rotella <input type="checkbox"/> <i>Toilet Training for Individuals with Autism or Other Developmental Issues</i> , by Maria Wheeler <input type="checkbox"/> <i>1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders</i> , by Veronica Zysk and Ellen Notbohm |

Kaiser Permanente is not responsible for the content on Non-Kaiser Permanente websites. Kaiser Permanente has no control over the content or the availability of the resources listed on this handout and is not responsible for the content of these resources or the privacy practices of any associated web sites. Resources are provided as educational tools and should not be relied upon for personal diagnosis or treatment. The provision of these resources should not be construed as an endorsement of their content. Any medical content that you feel may be important to your health should always be discussed with your Kaiser Permanente physician.

Author: PDDO, Rev. 3/24/2020